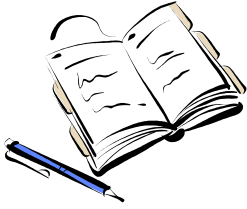


Address Book Backup in Outlook Express



Open up Outlook Express and then Click on the Address Book button. Here you can click on File/Export/ and then select like a floppy disk or the My Documents Folder which you will backup later. This way if your computer goes down, you will not lose touch with everyone.

If you're having problems with Outlook Express, there is a chance you can still save your addresses. You can also access the address book by going into your program list under the accessories folder.